

About 1.866.new lung

- Providing free quit smoking services in Orange County since 2003.
- Serves 3,500+ people annually.
- Services available in English, Spanish, Vietnamese, Korean, and Farsi.
- Funded and endorsed by the Orange County Health Care Agency.



70%
of homeless
adults smoke.

To schedule
FREE SERVICES,
CALL TODAY

1.866.new  lung
(1-866-639-5864)



AHMC Anaheim Regional Medical Center
AHMC Healthcare



Tobacco Prevention and Cessation projects are made possible by Tobacco Settlement Revenue Funds administered by the County of Orange Health Care Agency/Tobacco Use Prevention Program.

Free Tobacco Cessation Services for Our Homeless Community



- Tailored smoking cessation materials for homeless population
- Cessation staff trained in working with homeless population
- Free nicotine patches
- Free gift cards
- Free care kits



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Step-by-Step Guide

to provide quit smoking services at your site

Step 1

Call us at
1-866-NEW-LUNG.

Step 2

Let us know what your needs are. Designate a contact person we can communicate with.

Step 3

Schedule a 30-90 minute workshop with us at your site.

Step 4

Use provided flyers to promote on-site workshop to collect sign-ups.

Step 5

Host quit smoking workshop at your site.



84% of homeless smokers want to quit smoking.

- Health Center Patient Survey, 2009

TOBACCO CESSATION SERVICES FOR HOMELESS

1-866-NEW-LUNG provides free tobacco cessation services to help homeless people quit smoking. New LUNG services use combination therapy through 1) behavior modification and 2) nicotine replacement therapy to help people quit smoking.

Types of quit smoking services include:

- Quit smoking workshop (30-90 minutes)
- Individual counseling (30-90 minutes)

Topics Covered

- Participants will learn to identify their tobacco triggers, develop coping strategies, manage stress, deal with relapse, and adapt to a tobacco-free lifestyle.
- Participants will have a chance to build a support system with other participants in the workshop by sharing their experiences during the process of quitting.

Quit smoking workshops are facilitated in a safe, no pressure, and non-judgmental environment.

SUPPORT HOMELESS BY HOSTING WORKSHOPS AT YOUR SITE

Tobacco Cessation Specialist(s) will come to your site with all materials for workshop participants.

Workshop participants will receive the following materials on-site:

- Free care kit
- Free gift card
- Free supply of nicotine patches

Refer to step-by-step guide above for process to set up quit smoking services at your site.

Refer homeless clients to **1-866-NEW-LUNG**. Contact us to refer clients who prefer individual counseling.

Call us today at **1-866-NEW-LUNG (1-866-639-5864)** to schedule free quit smoking services for clients at your site!